



# SPA MENÜ



## MASSAGES

<b>Partial massage</b>	25 minutes	Price: € 65
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Ideal treatment for tension of the back and neck.

<b>Full-body wellness massage</b>	50 minutes	Price: € 130
<b>Full-body wellness massage</b>	70 minutes	Price: € 175

Simply relax, cast off your burdens and re-energise. Soft, flowing movements and the fine aroma of the massage oils bring you profound relief from tension. Special efferent kneading techniques promote detoxification. Blockages are gently released.

<b>Lomi Lomi Nui massage</b>	90 min. incl. 10 min. rest phase	Price: € 198
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A deep-down full-body massage that originates from Hawaii and is unique amongst all the world's massage techniques. Lie back in comfort as the alternating pressure of hands and forearms gently caresses you. A true body-and-soul experience.

<b>Relax &amp; Move massage</b>	50 minutes	Price: € 130
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A calming combination of back and foot massage.

<b>Face, head and neck massage</b>	30 minutes	Price: € 78
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Stimulates blood flow in the scalp, relieves tension and has a soothing effect.

<b>Back special</b>	40 minutes	Price: € 107
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This special mix of massage and beeswax with intense warming helps perceptibly with back problems.

### MAISON MESSMER

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**Singing bowl massage** 50 minutes Price: € 115

Eases and balances disharmonies (of body and spirit). An exceptional sound experience for body, soul and spirit. The mellow vibrations and humming of the lovingly chimed singing bowls on and beside your body offer deep relaxation and regeneration.

**Herbal stamp massage** 50 minutes Price: € 134

**Herbal stamp massage** 70 minutes Price: € 179

For this, finest herbs are filled in cotton pouches and formed into stamps. These warm, moist stamps are saturated in oil and used to massage your musculature and energy channels with stroking and knocking movements.

Absolutely divine wellness!

**Hot stone massage** 50 minutes Price: € 134

**Hot stone massage** 70 minutes Price: € 179

Heated stones are used in this technique to massage you and to pleasantly pamper your skin. Top! Eliciting thorough relaxation while at the same time activating energy flow.

**Breuss massage** 40 min. incl. 10 min. rest phase Price: € 88

This form of energetic back massage gently relieves mental and physical blockages, loosening the musculature along the spine. A special St. John's wort oil is used for the treatment. The muscles and ligaments of the spinal region are eased, the spinal column invigorated and stabilised, regeneration of the nerves and vertebrae activated, and energy flow stimulated.

**Leg and foot massage** 40 minutes Price: € 104

A foot massage is very effective in bringing release and it can help remedy sleep problems. Apart from which, it also has a positive effect on the inner organs and the nerve system. A leg massage is especially good for combatting heavy, tired legs caused by sitting or standing too long.

**AyurStone massage** 50 minutes Price: € 130

**AyurStone massage** 70 minutes Price: € 175

A felicitous mixture of Ayurvedic full-body massage in combination with hot stones. This relaxes, strengthens the immune system, is rejuvenating and has an overall cleansing and cathartic effect!



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## COSMETIC TREATMENTS

Skin happiness	60 minutes	Price: € 154
Premium skin happiness	80 minutes	Price: € 192

This treatment gives your skin a boost with a highly effective cocktail of concentrates. Precious active agents, specially composed to match your skin type, get deep down into your skin, nourishing it from within. The facial massage or cleansing is followed by a special eye treatment that lends your eye region a newly refreshed appearance. After the premium special mask and individualised final care, your face will have an appearance that is more youthful, taut, and in perfect condition.

Aloe vera kick	60 minutes	Price: € 154
Premium aloe vera kick	80 minutes	Price: € 192

The freshness kick for a vital, vigorous appearance. Intensively moisturising application deep down into your skin. Experience and enjoy the invigorating effect. The central aspect of the treatment is the unique fresh aloe vera leaf massage and the application of freshly scooped aloe vera gel. Well-suited for every type of skin – especially for poorly moisturised skin. Effect: a freshness kick, the sensation of tension is relieved, moisture depots are replenished.

Skin balance	60 minutes	Price: € 154
Premium skin balance	80 minutes	Price: € 192

Intensive deep-down cleansing treatment. The harmonising and anti-inflammatory effect imparts an improved complexion and a wonderful sense of well-being. This special application calms and moisturises the skin down to the depths. Sustainable plant-based skincare substances purify the skin intensively and provide a harmonious skin texture. Well-suited for large-pored or blemished skin and for all who are in search of deep-cleansing. Effect: improved, harmonious complexion, anti-inflammatory.

Men's beauty special	60 minutes	Price: € 154
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Unfold your full manpower with this all-round cosmetic treatment for men! With the use of specially selected products, your skin receives exactly what you need to lend you a fresh, youthful appearance. Immediate anti-aging effect without fail!



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**Anti-aging de luxe** 90 minutes Price: € 249

### BEAUTY AT THE SPEED OF SOUND!

Special highly concentrated active substances are incorporated into the skin with ultrasound and the collagen production is stimulated. Because the skin is exposed to sonic waves, the active substance gels can be imported into deeper dermal layers. The skin cells are once again put in a position to absorb and store more moisture.

**Micro-needling de luxe** 90 minutes Price: € 249

Micro-needling leads to a revitalisation and smoothing of the facial skin. This wellness application stimulates the skin's own production, topping up the dermal supply of hyaluronic acid. This is followed by ultrasound exposure, incorporating active anti-aging substances deep down.

**Beautiful eyes** 25 minutes Price: € 65

Highly concentrated active agents, radiant eyes and intensive care.

**Premium manicure** ca. 65 minutes Price: € 85

**Premium manicure with varnish** ca. 85 minutes Price: € 119

**Premium pedicure** ca. 70 minutes Price: € 89

**Premium pedicure with varnish** ca. 90 minutes Price: € 119

**Daytime make-up** ca. 30 minutes Price: € 49

**Evening make-up** ca. 40 minutes Price: € 69

**Bridal make-up incl. hairstyling** ca. 120 minutes Price: € 249

### Teenager treatments up to age 16

**Facial treatment** ca. 40 minutes Price: € 99



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## BODY TREATMENTS

### Lulur massage ritual

80 minutes

Price: € 179

The Lulur massage was initially a bridal ritual originating from the royal palace in Java. The massage has a tautening and antioxidizing effect. The salt peeling is moisturising, nourishing and soothing. The final care with Pharmos Natur body lotion is pampering body care and tautening cellulite lotion all in one. Straight after the application, the intensively moisturised skin feels smooth, tautened and incredibly soft.

### Le corps de luxe

100 minutes

Price: € 224

This refreshing full-body treatment cleanses and vitalises body and spirit. The combination of peeling, massage and algae pack pampers your skin, so that it instantly feels refreshed, perceptibly softer and intensively nourished. Toxic substances are channelled out, tensions relieved, and body and spirit brought into equilibrium.

### Body pack

25 minutes

Price: € 69

Our body pack has an invigorating and health-enhancing effect. It intensively replenishes the skin's moisture, giving it a taut, radiant appearance. Especially good after a massage or a peeling.

### Body peeling

25 minutes

Price: € 69

Sophisticated peelings gently detach dead skin cells and stimulate the circulation. The skin becomes fresh, soft, smooth and supple. This is the ideal preparation for a massage and other applications.



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## PAMPER PROGRAMME

### Messmer Beauty/Relax Package for HER

- ° Full-body wellness massage
- ° Premium facial treatment according to skin type
- ° Premium manicure or pedicure with varnish

Ca. 3.5 hrs.

€ 398 incl. glass of Crémant

### Messmer Beauty/Relax Package for HIM

- ° Full-body wellness massage
- ° Premium men's beauty facial treatment
- ° Premium manicure or pedicure

Ca. 3 hrs.

€ 348 incl. glass of Crémant



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## DAY SPA

Day Spa / admission without services

Price: € 49

- Use of the saunas, the luxury pools and the fitness area
- Changing cubicles and locker
- Bathrobe, slippers and hand towels included
- Tea, water and fruit freely available
- Advance booking required

### Day Spa packages:

“Relax Day” package with 30 minutes’ treatment including admission

Price: € 99

“Wellness Day” package with 50 minutes’ treatment including admission

Price: € 150

“Beautiful Day” package with 70 minutes’ treatment including admission

Price: € 190

**Glass of Crémant included in all packages**



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## MEMBERSHIPS

[Become a member of our Club and enjoy access to all the Day Spa services of our Royal Spa in the Maison Messmer Hotel](#)

**First Club Card**

**valid for 1 month**

Price: € 149

**Introductory offer! Can only be booked once per person.** Try out membership for one full month for € 149 and enjoy all the privileges of our Royal Spa. Then you can decide whether you prefer to purchase a Gold or Diamond Club Card with many added benefits.

**Gold Club Card**

**valid for 6 months**

Price: € 990

**Diamond Club Card**

**valid for 12 months**

Price: € 1,850

- All-year-round use of the saunas, the luxury pool and the fitness area
- Instruction on using our Technogym-brand fitness equipment
- Changing cubicles and locker
- Bathrobe, slippers and hand towels included
- Tea, water and fruit
- Yoga session once a week (advance booking required)
- 5% discount on cosmetics and personal care products
- 10% discount on all treatments
- Bring along a guest once a month at no additional cost
- Tea, water and fruit freely available